



Arlington Youth Health and Safety Coalition February Minutes

Date: Feb 14, 2019

Time: 5:30-7 pm

Location: *Whittemore Robbins House*

Attendance: *Kerry Austin-Smith, Sarah Augood, Bryan Gallagher, Joe Curro, Carlene Newell, Ellie Egan, Claire Egan, Pat Egan, Cindy Sheridan-Curran, Karen Koretsky,*

Minutes

1. *Introductions.*
2. **Minutes:** Accept January 2019 meeting minutes, Sarah motioned to approve, Carlene seconded, all approved the January 2019 meeting minutes.
3. **Student Advisor Updates:** Students are conducting an environmental scan collecting data about small alcohol container litter of "nips" in areas where teens gather. Students are interested in working with Ottoson Middle School students on vaping prevention and went to the school twice this month but the OMS students didn't indicate an interest. The 84 students have received a \$4,000 dollar mini grant to survey AHS about vaping use and create a community map of vaping retailers. They will work with Sagar on this grant. Arlington Catholic students have developed a newsletter that will be posted around school.
4. **Parent Updates:** Parents are working on a Parent website and have it close to completed. Parents will be meeting with elementary PTOs to talk about guiding good choices, navigating the teens years and raise awareness about coalition outreach. Created a document with 20 facts to share one a week in PTO newsletters. NTTY will relaunch in April or May once YRBS data from 2018 is in.
5. **Coalition Updates:** Tobacco Assessment completed. Examining changing policies about small bottle disposal. Applying for a SAMHSA grant. Carlene Newell reported on a vaping presentation she attended in Medford. The idea of developing a skill set training for parents to help with anxious teens and setting boundaries.

Meeting adjourned at 7:05 pm. Next meeting is scheduled for March 7th, 2019.